

# Dim Mak Training Manual

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Literally translated, dim mak (Mandarin: dian xue) means touching the body s caves, so a dim mak practitioner uses strikes to create indentations (c

Contrary to popular myth, the original purpose of dim mak was not the training of assassins. It was an intensive study of the medical arts that incorporated the

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Pressure points how to learn dim mak gives various topics that should be found in a properly structured training curriculum that teaches martial arts pressure points.

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Dim Mak " BREAKTHROUGH - Now You Can Unlock The Secrets Of \*Dim Mak Power Striking\*, Hit Like a Precision Jack-Hammer & Completely Obliterate Your Attacker!"

Dim mak has become a kind of camp pop culture item which is recognized also outside the genre of martial arts films. In Thomas Pynchon's novel Vineland, one of the

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Know the secrets of the clandestine art of Death Point Striking or Dim Mak and learn how to use Dim Mak striking methods without harming anyone.

Medical doctor explains the medical science behind dim mak(kyusho, vital points, pressure points) Includes dim mak history, techniques, and articles.

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